



**Find out more about Invisalign and
whether you're suitable**

Want to know more about Invisalign?

Here's our introductory guide

When you want straighter teeth as an adult, you may think that this will mean having to wear a metal or orthodontic brace. And, depending on the severity of the misalignment being treated it might. However, for the majority of patients, there may be a more modern and discreet option available: Invisalign.

What is Invisalign?

It's fair to say that Invisalign has changed the way that dentists realign teeth.

Invisalign is a system that consists of a set of transparent, custom-fitted aligners which are made from clear plastic. The aligners slot over your teeth, applying gentle force to move your teeth into their new position.

The main differences to traditional braces are that they are removable, discreet, and easy to use. Invisalign are designed to be almost unnoticeable when in your mouth.

What are traditional braces?

Traditional, orthodontic braces are composed of metal brackets and wires. These then apply consistent pressure across the mouth, they move your teeth using a more constant amount of force and are suited to more complex cases of teeth misalignment.

They are more noticeable than other types of teeth straightening devices and require alteration over time by an orthodontist.

Advantages of Invisalign over traditional braces

As you can already realise, Invisalign offers many benefits over traditional braces and our dental team is proud to be able to offer it to suitable patients.

With Invisalign, there is no limitation on what can be eaten while wearing these removable braces, as you simply take them out to eat food and then put them back in once you've finished eating.

Oral health is more easily maintained too. While traditional braces can get in the way of regular brushing, Invisalign braces can be removed while you perform your daily brushing and flossing.

Perhaps the most important difference however is that Invisalign is almost invisible, unlike traditional braces.

Who can use Invisalign?

When it comes to Invisalign, almost everyone with misaligned teeth is suitable. In fact, most adults who have misalignments can use this brace to straighten their teeth and create a better appearance of symmetry.

Only more complex cases of misalignment, spacing or protrusion will be untreatable with this brace. When you talk to our friendly team, they'll assess your suitability.

Which treatment type is quicker?

This is tough to answer as it depends on the severity of the misalignment. However, Invisalign can straighten your smile in as little as six months!

Is it painful?

Invisalign is designed to use gentle force to move your teeth and, as such, it is more comfortable than traditional braces.

Is Invisalign more expensive though?

Actually, no it isn't.

The wearing of regular, metal braces will likely require more dental appointments, more adjustments and may take longer to straighten your teeth. Therefore, when comparing the two types of aligners, regular braces can be more expensive. And let's not forget the potential costs associated with going to and from the dental surgery and missed time from work which will be needed to have regular braces tightened.

Overall, most patients with dental misalignments can benefit from using Invisalign and it offers many advantages. As mentioned, it is often more cost-effective, and its progress can even be tracked from an app on your smartphone.

Its discretion is superior and as the technology surrounding it becomes more sophisticated, it can correct more complex issues of misalignment. If you want to know more about Invisalign, contact our friendly team today.

DISCLAIMER

All treatment carries risks. Individual consultation is required with one of our practitioners to ensure that the treatment is right for you.