



How to find the right dentist for you

Looking for a good dentist for you and your family?

Top tips from our team

Whether you have had enough of your current dentist, have moved to a new area, or just want a change, it can be tricky to find the right dentist for you and your family.

Of course, many patients opt for the team at the nearest surgery to them. But does this always equate to the getting the best service and getting access to the right expertise?

If you are looking for a dental team to visit every 6 months for a check-up, then you will have a basic set of requirements. But if you are interested in having cosmetic procedures performed or require specific treatments, such as help with snoring or adult orthodontics, how do you find the best dentist for your needs?

In this article, our team highlights some of the best ways to ensure that you and your family find a high-quality dental practitioner.

Ask family and friends

If you have a friend who has a Hollywood smile, ask them which dental surgery they attend. While they may just be lucky, they will still be able to point you in the direction of a dental team who helps them to maintain such a glowing smile!

If you are looking for a dentist who concentrates on children's dentistry or is great with child patients, ask other parents who have children of similar ages. Remember, children's teeth are different from adults and require a different level of care.

Interview dentists

The idea of interviewing dental teams may seem odd, but as more private dental practices open, it is becoming more common for patients to attend non-clinical meetings with their dentist.

During the interview, ask your dentist about which areas of dental care they are specialised in, and what they would suggest for you when it comes to the outcome you want.

This is also an ideal time to discuss treatment options for patients who are of a more anxious disposition. If you have concerns about previous examples of dental care, the ideal time to mention this is during this interview to gauge their response. If they seem compassionate and sympathetic, they may be the dentist for you!

Chatting with dentists also enables you to gauge them on a personal level; do they fill you with confidence or do they make you feel anxious?

Look at portfolios

Cosmetic dentists should have an online portfolio which showcases their amazing results. These are usually photographs taken before and after a procedure has been performed.

This also allows you to see the outcomes they have provided and gauge the experience they have performing certain treatments.

Reviews

And finally, the internet is an invaluable resource when it comes to choosing a dental team. Certain dentists and dental practices may have online reviews.

Once again, be sure to keep an eye out for certain keywords linked to their names. After all, there is no point choosing a dentist for cosmetic work if it is not something they like to offer or do much off.

DISCLAIMER

All treatment carries risks. Individual consultation is required with one of our practitioners to ensure that the treatment is right for you.